

Developmental Milestones

Oral Motor Feeding

Language

By Three Months

Establishing a feeding routine that is typically stress free and showing adequate weight gain.

Briefly gazes at people.
Quiets when picked up.

By Six Months

Enjoys mealtime.
No longer loses liquid during sucking from bottle or breast.
Showing interest in others food.

Babbles for attention
Turns and looks in direction of sound.
Makes many different sounds.

By Eight Months

Has begun taking soft solids from a spoon.
Is using a primitive chewing pattern with soft foods.
Can be feed sitting with some support.

Responds to name.
Produces 4 or more different sounds.
Listens to own vocalizations.
Tries to imitate sounds.

By Twelve Months

Liquids are primarily from a cup even though may still be breast or bottle feeding.
Eating coarsely chopped table foods including easily chewed meats.
Enjoys cookies, crackers and cereals for snacks.

Using 2-6 words other than Mama and Dada.
Imitates familiar words.
Understands simple instructions.
Recognizes word/object relationship.

By Fifteen Months

Sitting unsupported for meals.
Foods now include most meats and many raw vegetables and fruits.
Drooling is not a problem unless teething.

Word usage is increasing.
Asks for "more".
Waves Bye-bye.
Beginning to point to pictures.

By Eighteen Months

Enjoying most table foods safely.
Self feeding with some assistance.
Drinking from an open cup with some assistance with minimal loss of liquid.

Uses 10-20 words, including names.
Points to toes, eyes and nose.
Imitates words and sounds more precisely.

By Two Years

No loss of liquid when drinking and cup is removed.
Chews and swallows with no food or

Has about a 300-word vocabulary.
Listens for the meaning of words.
2-3 word sentence length.